



Blacks

Ultrarunning Kit List

Essentials

- Trail Running Shoes
- Water bottle and/or hydration system
- Lightweight waterproof jacket with fully taped seams
- Sweat-wicking baselayers
- Running leggings
- Synthetic mid layer
- GPS watch or navigational mobile app e.g. OS
- Running socks

Winter Additions

- Waterproof socks
- Windproof Insulating gloves
- Waterproof mitts
- Extra balaclava/neck Gaiter

Personal Extras

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

Essentials in your pack

- Fully charged mobile phone
- Power Bank
- Emergency survival bag
- First aid kit - Including over the counter Painkillers
- Whistle
- Head torch + spare batteries
- Money / Bank card
- Lightweight waterproof overtrousers
- Spare synthetic mid layer
- Spare neck gaiter
- Waterproof gloves
- Map & Compass

Longer Ultra / Race Ultra Additions

- Running poles
- Bivvi bag
- Lightweight sleeping mat
- Lightweight sleeping bag
- Lightweight plate/bowl
- Mug (200ml+)
- Spare baselayers
- Spare midlayers
- Spare trail running shoes
- Spare socks
- In reach satellite communicator

Please note: This list is not exhaustive and you should always check and prepare for the terrain and weather conditions on your route to ensure your kit is suitable.

Need some new kit?



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